

Sample programme for a week long event

Arrival is generally on a Sunday in time for the welcome dinner. Departure is after breakfast on Saturday. On a week long programme you will have a day off in the middle of the week to follow your own programme; on a 3 or 4 day immersion course there will also be a free session in the middle of the period to allow for rest and reflection.

You are welcome to use the studio in the evenings or during free periods.

This is only an indication of what to expect. Your leader will send you an outline programme before you arrive.

Day	Time	Schedule
Sunday	day	pick up from port or station
	evening	Arrival and welcome dinner
Monday, Tuesday, Thursday	0830	Breakfast
	1000-1300	Classes
	1300-1430	Buffet lunch in the main house or on the terrace
	1430-1700	Classes or studio time
	1845	Aperitif
	1930	Dinner
	Wednesday	
Friday	0900-1300	Finishing off
	1300-1430	End of course lunch
	1430-1530	Reflection, feedback and exhibition of work completed
	1930	Self serve buffet dinner OR you may want to go out to a local restaurant
Saturday	0830	Breakfast then departure